

# Cincinnati Taekwondo Center 2010 Spring Schedule

(Effective Monday, 3/15/10)

## Little Tiger Classes

(Ages 3 1/2-6)

MON 12:30-1:00 pm  
MON 1:15-1:45 pm  
MON 5:15-5:45 pm  
WED 10:00-10:30 am  
WED 3:45-4:15 pm  
WED 4:30-5:00 pm  
WED 6:15-6:45 pm  
THU 5:15-5:45 pm  
SAT 10:00-10:30 am  
SAT 10:45-11:15 am

## Children's Classes

(Ages 7-12, white-blue belt)

MON 5:00-6:00 pm  
TUE 4:00-5:00 pm  
WED 6:00-7:00 pm  
THU 4:00-5:00 pm  
FRI 5:00-6:00 pm

## Children's Classes

(Ages 7-12, green belt +)

MON 4:00-5:00 pm  
TUE 5:00-6:00 pm  
THU 5:00-6:00 pm  
FRI 4:00-5:00 pm

## Family Class

(Ages 7+, all levels)

SAT 11:15-12:15 am

## Teen Classes

(Ages 11-16, white-brown)

MON 6:00-7:00 pm  
WED 5:00-6:00 pm

## Teen Classes

(Ages 11-16, red belt+)

TUE 6:00-7:00 pm  
THU 6:00-7:00 pm

## Adult Classes

(Ages 12+, all levels)

MON 9:00-10:15 am  
MON 7:00-8:15 pm  
WED 7:00-8:15 pm  
THU 7:00-8:15 pm  
FRI 9:00-10:15 am  
SAT 9:00-10:00 am

## Sparring Class

(All ages/levels, with gear)

MON 6:00-7:00 pm

## BBC Classes

(Black belt club members)

TUE 6:00-7:00 pm  
THU 6:00-7:00 pm

## Black Belt Classes

(First gup and above)

TUE 7:00-8:15 pm  
THU 7:00-8:15 pm

## Kimodo Class

(Separate program)

TUE 6:00-7:00 pm  
THU 6:00-7:00 pm  
FRI 10:20-11:20 am

## Kumdo Class

(Separate program)

SAT 12:30-1:15 pm

## Cincinnati Taekwondo Center

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